

For more information, please contact me:

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Acknowledgements

Coalition for Immigrant Mental Health (CIMH) <http://cimhil.org/>

ICTC Ad-Hoc Committee on Immigrant & Refugee Children
Lurie Children's Center for Childhood Resilience



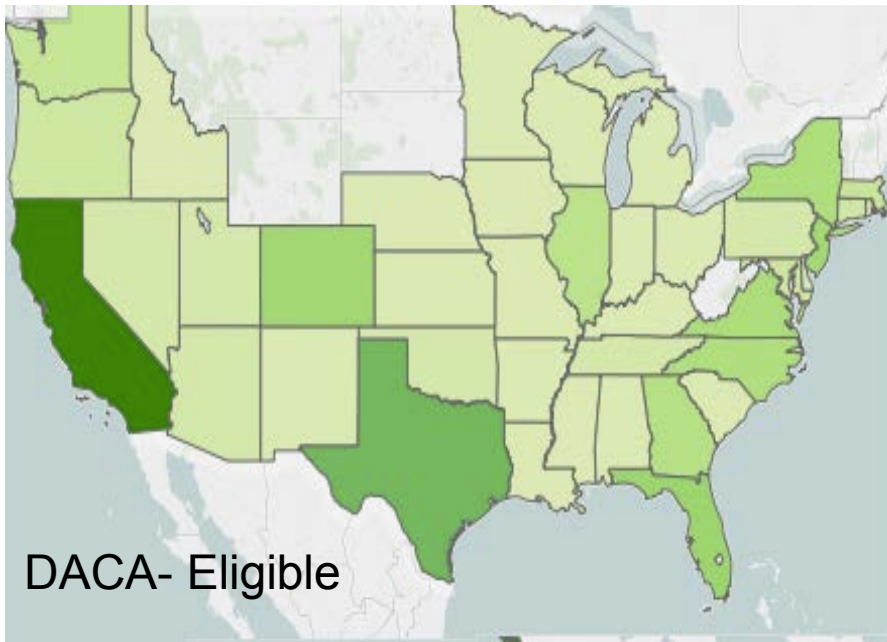
Immigrant Mental Health

Pre-Flight	Flight/Migration	Post-Migration
Gang violence	Trauma	Poverty
Domestic violence	Family separations	Acculturative stress
War & unrest	Traveling long distances	Family conflict and challenges of reunification
Persecution	Loss of community	Discrimination
Economic instability	Detention by authorities	Insecure employment and exploitation
		Limited access to health & social services
		Undocumented status

Cumulative effect of mental health risk factors

Children in Immigrant-Origin Families

- In 2015, 17.9 million children ≤ 18 lived with at least 1 immigrant parent
 - 88% of children in immigrant families are U.S.-born
 - Top 5 states CA, TX, NY, FL, IL



- Approximately 1.9 million DACA eligible youth in the U.S. as of 2016
- 7.3% (3.9 million) K-12th grade students in U.S. public and private schools have a parent with undocumented status
- Majority of these children (3.2 million) are U.S.-born and members of mixed-status families

<http://www.migrationpolicy.org>

<http://www.pewresearch.org/fact-tank/2016/11/17/children-of-authorized-immigrants-represent-rising-share-of-k-12-students/>

History of IL Legislation

- IL HB 60 passed in May 2003
 - Qualified eligible undocumented students for in-state tuition at IL public colleges or universities
- IL DREAM Act passed in May 2011
 - Allows anyone with a taxpayer number, including undocumented students, to participate in the State Treasurer's College Savings Pool and the IL Prepaid Tuition Plan
 - Requires high school college counselors to be better prepared to advise undocumented students and children of immigrants on their access to higher education
 - Established the IL DREAM Fund to provide full tuition scholarships and financial aid to undocumented students

In order to qualify for the benefits of the Illinois DREAM Act, students must meet the following requirements:

1. The student has resided with her/her parent or guardian while attending public or private high school in Illinois.
2. The student has attended public or private school in Illinois for at least 3 years and received a high school diploma or GED from Illinois.
3. The student has at least one parent who immigrated to the United States.



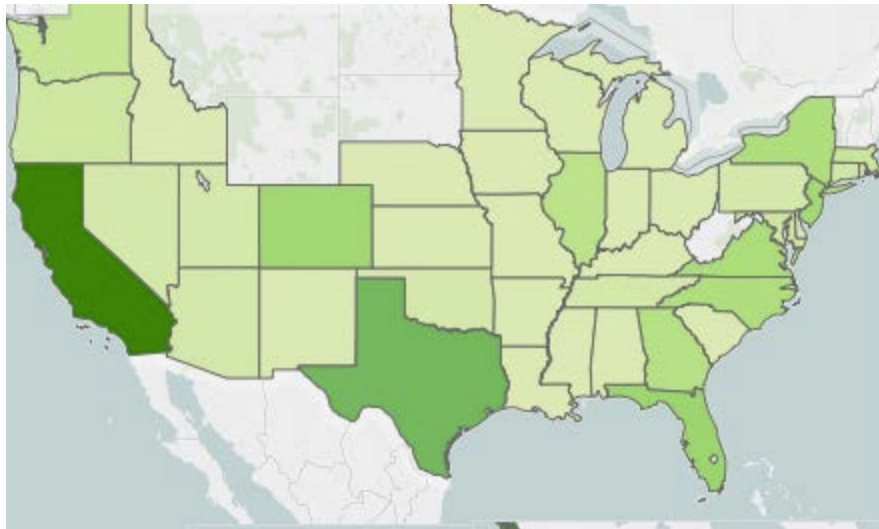
Deferred Action for Childhood Arrivals (DACA)

- Created in 2012 to grant eligible youth the right to lawfully reside in the U.S.
 - Temporary status, not permanent residency or pathway to citizenship
 - 2-year permits, with option to apply for renewal
 - Allowed for work permits, application to travel outside of the U.S. (referred to as “advanced parole”)

In order to be eligible for DACA, an undocumented youth must meet the following requirements:

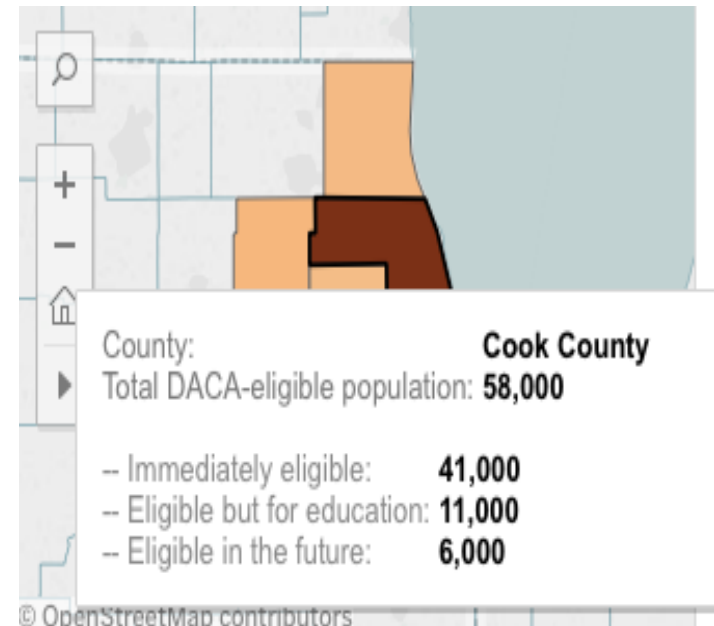
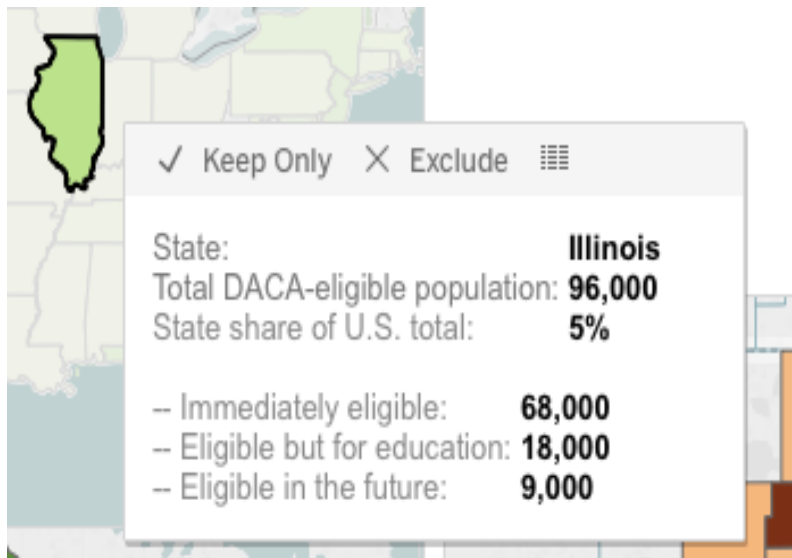
1. The individual arrived in the U.S. before his/her sixteenth birthday.
2. The individual was under the age of 31 on June 15, 2012.
3. The individual has continuously lived in the U.S. since June 15, 2007.
4. The individual was present in the U.S. on June 15, 2012, and at the time of making his/her application for DACA.
5. The individual had no lawful status on June 15, 2012.
6. The individual is currently in school, has graduated from high school or received a GED certificate, or is an honorably discharged veteran of the Armed Forces or Coast Guard of the United States.
7. The individual has not been convicted of a felony, significant misdemeanor, or three or more misdemeanor offenses.
8. The individual does not pose a threat to national security or public safety.

DACA Population 2016 Estimates



Approximately 1.9 million DACA eligible youth in the U.S. as of 2016

IL was one of top states of residence for DACA applicants



What Mental Health Providers Need to Know

- Stay informed
- Seek consultation & resources
- Encourage families to seek legal counsel
- Learn about local & state advocacy efforts
- Recognize the intersectionality of marginalized groups
- Model tolerance and inclusion
- Practice self-care

From the Voices of those Directly Affected by the Announcement to Rescind DACA

Agreed Messaging:

- Rejecting the DREAMer Narrative <http://splinternews.com/why-you-should-stop-using-the-term-dreamer-1797908148>
- Rejecting the criminalization of immigrants
- Connecting to attacks against other communities
- Reminding our community that they are not alone, there is a large community of supporters behind them
- This is an attack on human rights
- Acknowledging the country's history in terrorizing certain communities
- NO to deportations, YES to Protection for all (suggestion)
- Call to action to allies, including members of Congress, such as Senators & Representatives
 - Act & Demand that DACA beneficiaries' information is safe >> The information in the immigration system does not just include OUR information, but our family's information, too

Messages to avoid:

- We are DREAMers
- We are not criminals
- We are a nation of immigrants

* Shared with permission by Tanya Cabrera, Associate Director for Equity and Inclusion, UIC Office of Diversity

RESOURCES



Mental Health Resources
Legal Aid & Advocacy
State & National Coalitions
For Schools & Educators
Community Outreach/Awareness

Note: this is not an exhaustive list, so please contact me if you need further information

Mental Health Resources

Please see the Coalition for Immigrant Mental Health (CIMH) website for access to a comprehensive list of mental health resources.

<http://cimhil.org/resources/>

Each resources was vetted and relevant information is noted to help with your search. This list will be updated regularly.

If you are interested in joining the coalition, please let me know.

IL Trust Act

The Illinois TRUST Act

Everyone deserves the opportunity to make a life for themselves and their families.

#WelcomingIL

[For more information:
icirr.org/trustact](http://icirr.org/trustact)



Passed with **bipartisan support**, the act:

Draws a **clear** line between local police and ICE by requiring that warrants and arrests are approved by a judge.



Prohibits stops, searches, and arrests based on immigration status

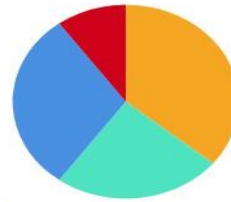
 **Campaign For
A Welcoming Illinois**

Illinois is home to
511,000
undocumented
immigrants from:

Mexico
India
Poland
Guatemala
China
and more!

**Protections are
needed statewide!**

Chicago (36%)
Suburban Cook County (24%)
7 Collar Counties (30%)
94 Downstate Counties (10%)



The vast majority of undocumented immigrants actually live outside of Chicago city limits! The city is home to 183,000 but about **276,000** live in the suburbs

Legal Resources: Know your Rights!

- **Illinois Coalition for Immigrant & Refugee Rights** <http://www.icirr.org/about/get-involved/protection>
 - **National Immigrant Justice Center (of Heartland Alliance)**
<http://www.immigrantjustice.org/>
 - **National Immigration Law Center**
www.nilc.org (*includes templates for Family Preparedness Plans)
<https://www.nilc.org/issues/daca/faqdeferredactionyouth/> (DACA updates)
 - **Immigrant Legal Resource Center**
https://www.ilrc.org/sites/default/files/resources/post-election_talking_points.pdf
 - **American Civil Liberties Union (ACLU)**
<https://www.aclu.org/feature/know-your-rights-discrimination-against-immigrants-and-muslims?redirect=feature/know-your-rights-immigration-and-anti-muslim-discrimination>
 - **CLINIC (Catholic Legal Immigration Network, Inc.)** <https://cliniclegal.org/resources>
 - **The Young Clinic (U of Chicago)** <http://theyoungcenter.org/>
 - **Loyola Center for Human Rights of Children** <http://www.luc.edu/chrc/>
- **They are hosting a KYR on 9/12/17 from 4-7 pm at 25 E. Pearson, Corboy Law Center, Ceremonial Courtroom 1040
- **Alianza Americas (Chicago)** www.alianzaamericas.org

State & National Resources

State Coalitions

Illinois: <http://www.icirr.org/>

New York: <http://www.thenyic.org/>

Florida: <https://floridaimmigrant.org/>

California: <http://www.chirla.org/>

Massachusetts: <https://www.miracoalition.org/>

Tennessee: <http://www.tnimmigrant.org/>

Michigan: <http://www.miunited.org/>

National Coalitions

National Network for Immigrant & Refugee Rights

<http://www.nnirr.org/drupal/post-election-resources>

Immigration Advocates Network:

<https://www.immigrationadvocates.org/>

American Immigration Council: <https://www.americanimmigrationcouncil.org/>

National Immigrant Integration Conference

<http://www.niic2016.org/> (for last's year's program)

Resources for Working with School & Educators

- American Federation of Teachers (2016): Immigrant and Refugee Children: A Guide for Educators & School Support Staff
https://firstfocus.org/wp-content/uploads/2016/06/ICE-Raids_Educators-Guide-20161.pdf
- U.S. Dept of Ed (2015) Resource Guide: Supporting Undocumented Youth
<https://www2.ed.gov/about/overview/focus/supporting-undocumented-youth.pdf>
- DACA Toolkit <http://e4fc.org/dacaeducatortoolkit.html>
- IL Student Guide http://www.icirr.org/content/documents/student_guide_2016_update.pdf
- DePaul OpEd Piece <http://diverseeducation.com/article/92592/>

Classroom / District Curriculum

- Oakland Unified School District <http://www.ousd.org/Page/15092>
- Colorín Colorado <http://www.colorincolorado.org/after-election-ideas-and-guidance-teachers-ells>
- Green Card Voices <http://www.greencardvoices.com/>
- Teaching Tolerance <http://www.tolerance.org/immigrant-guide>

Staying Informed: Additional Resources

Community Education / Outreach / Training

Welcoming America: <https://www.welcomingamerica.org/learn/resources>

United We Dream: <http://unitedwedream.org/toolbox/>

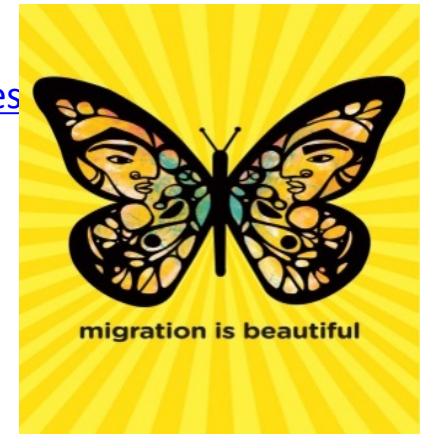
Informed Immigrant: <https://www.informedimmigrant.com/faq/>

Inclusion & Awareness Campaigns

<http://welcome.us/>

<https://www.defineamerican.com/>

<https://emergingus.com/>



Social Media & Arts Campaigns (images courtesy of...)

CultureStrike: <http://www.culturestrike.org/>

Amplifier Foundation: <http://theamplifierfoundation.org/>

Undocumedia: <http://www.undocumedia.org/>

UndocuBlack Network: <http://undocublack.org/>

inVISIBLE Americans: <http://invisibleamericans.tumblr.com/>



Narratives of Youth with Undocumented Status

No Le Digas A Nadie / Don't Tell Anyone

<http://www.pbs.org/pov/donttellanyone/>

The New American Story Project

<http://www.newamericanstoryproject.org/four-kids-tell-their-stories>

NY Times Magazine: “The Only Way We Can Fight Back is to Excel”

https://www.nytimes.com/2017/01/25/magazine/the-only-way-we-can-fight-back-is-to-excel.html?em_pos=large&emc=edit_ma_20170127&nl=magazine&nliid=53950040&ref=headline&te=1&r=1